

Break Fast with Your Neighbors this Ramadan

Ramadan is a month of abstinence, fasting, spirituality, devotion and sharing with others in our communities. What better way to do that than by sharing our experiences during this holy month with a friend, a neighbor or an associate.

In the holy month of Ramadan, please consider hosting an *iftar* at either your home, mosque, or elsewhere in your community. Build social and spiritual connections with your family members, friends and neighbors in the spirit of sharing. Reach out to your Muslim and non-Muslim brothers and sisters, share a meal with them, and sponsor an educational program on the importance of fasting in different faiths.

Prepare New York and the organizations listed at left encourage individuals, mosques, and both small and large nonprofits to participate.

Fast Breaking options with your neighbors, colleagues or other associates might include:

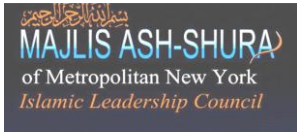
- Inviting them to fast with you for an entire day and break fast with you in your homes or your mosques.
- If they choose not to fast, inviting them to your local mosque to share your iftar experience with you.
- Hosting an iftar dinner at a restaurant or elsewhere in your communities for your family and friends.

Prepare New York can help you create a multifaith iftar. We can provide speakers from other traditions, facilitators and other resources. Films about Islam from the 20,000 Dialogues Project are free to Prepare NY participants (see www.20000dialogues.org for a list).

**Prophet Muhammad (pbuh) said:
Ramadan "is the month of sharing with others."
(Al-Tirmidhi, Hadith 614)**

Let us know if you host an iftar. Take photos if you think it is appropriate. Help us tell the story of Interfaith New York!

**Contact Annie Rawlings
Prepare New York Education Director
The Interfaith Center of New York
212-870-3518 annie@interfaithcenter.org**



Council Of Peoples Organization



The Islamic Center At New York University



Arab American Association of New York



Muslim American Society

